



RIDE SAFELY

- Obey all traffic regulations, signs and signals.
- Ride single file except to pass when possible.
- Ride as far to the right side of the road as practical.
- Helmets are required.
- Bike numbers must be attached to your bike frame.
- Always carry personal identification

34-mile road course	
25-mile fat-tire course	
7-mile family course	
Elevations	
Aid Stations	
Mileage	